

Rtn. Rajhans Banka

CLUB PRESIDENT (2025-26)

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Board of Directors (Year 2025-26)



Rtn. Ranjay Goel Club President



Rtn. Rajhans Banka Club Secretary



Rtn. Sanjay Kabra Club Treasurer



Rtn. Anil Ratan Goyal



Rtn.Pawan Tibrewala Club Trainer



Rtn. Samir Gupta Vice President



Rtn. Alok Ranasaria Sergeant at Arms



Rtn. Gaurav Nyati Jt. Secretary



Rtn. Manish Sharma President Elect



Rtn. Lokesh Jain Club Admin



Rtn.Sandeep Jhawar Foundation



Rtn Srinivas Gummidelli CSR



Rtn. Rajesh Pamnani International Service



Rtn. K. A. Ramayya Community Service



Rtn. Gaddam Satish Vocational Services



Rtn. Tarun Rungta Youth Services



Rtn. Aniruddh Gautam Membership



Club Members in District Team

District Chairman Water & Sanitation Rtn. K.A. Ramayya 9391132959 ramayya_ka@yahoo.com

District Chairman CSR **Rtn. Gumidelli Srinivas** 9848005110

City Zone - 6 Service Projects **Rtn. Pawan Tibrewal** 9000206633

City Zone 7 Special Aide Rtn. Ravi Ladia 9985722713

Dialysis Analysis from 2023-25

Jul 2023 - Total Dialysis 506 July 2024 - Total Dialysis 570 Aug 2024 - Total Dialysis 535 Aug 2023 - Total Dialysis 517 Sep 2023 - Total Dialysis 525 Sep 2024 - Total Dialysis 461 Oct 2023 - Total Dialysis 558 Oct 2024 - Total Dialysis 464 Nov 2023 - Total Dialysis 564 Nov 2024 - Total Dialysis 409 Dec 2023 - Total Dialysis 576 Dec 2024 - Total Dialysis 441 Jan 2025 - Total Dialysis 495 Jan 2024 - Total Dialysis 583 Feb 2024 - Total Dialysis 543 Feb 2025 - Total Dialysis 433 Mar 2024 - Total Dialysis 539 Mar 2025 - Total Dialysis 492 Apr 2024 - Total Dialysis 578 Apr 2025 - Total Dialysis 488 May 2024 - Total Dialysis 634 May 2025 - Total Dialysis 514 Jun 2024 - Total Dialysis 572 Jun 2025 - Total Dialysis 492

July 2025 - Total Dialysis 534



RI President Message



This month and every month

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy. We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some Rotarians gather around a shared interest — whether it's professional development or a passion for service — and those connections deepen their commitment and their joy in being part of Rotary. And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This spirit of innovation is also guiding our efforts to reach new communities. In places where there has never been a Rotary club — or where a club once existed and faded — Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization growstronger and more vibrant.

No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth — not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good.

FRANCESCO AREZZO

President, Rotary International





Rtn. Dr. Raam Prasad DG 3150 (2025-26)

Dear Rotary Family of District 3150,

I am thrilled to share with you the invaluable experiences and learnings from my recent trip to the **Rotary International Assembly in Orlando**. It was a remarka gathering that truly highlighted the global spirit of Rotary. The true internationality of our organization was on full display, and despite the smaller, more intimate setting, the inter actions during the breakaway sessions were deeply **engaging and insightful**.

A special mention must go to President Mario, whose leadership and clarity of vision were inspiring. His focus on **Membership Development**, with almost 90% of his presidential message dedicated to this topic, reinforced the importance of strengthening and growing our membership across the globe. This focus is crucial as we look to drive progress and build a solid foundation for Rotary's future.

The assembly also showcased the significance of the Rotary Action Plan and the importance of setting clear **3-year goals**. The formation of **Rotary Action Plan Champions or District Chairs** will be pivotal in raising awareness and furthering these goals within our Districts. I strongly believe that ensuring continuity of vision and projects through structured 3-year goal setting will give us the stability and direction we need.

Another highlight was the innovative format of the assembly. The breakout sessions provided an exceptional opportunity to engage one-on-one with leaders from around the world. I exchanged nearly 100 business cards, fostering connections and friendships that will continue to benefit us in the future. I'm proud to say that our Indian delegation was incredibly visible and active, which speaks volumes about the quality of training and engagement we undergo.

The introduction of the "Cohort Experiment" this year was also a notable addition. Small groups of 5 DGEs were formed to encourage daily interactions, and this format holds great potential for future events like PETS. While we felt there is room for improvement, this experiment could help enhance collaboration and knowledge sharing across districts.

As emphasized throughout the assembly, **Membership** was at the forefront of discussions. While India is in a relatively comfortable position, we must avoid complacency and continue focusing on sustainable growth. President Mario's brilliant 9-point agenda, shared during the valedictory function, will soon be communicated detail, as it will serve as a roadmap for the upcoming year.

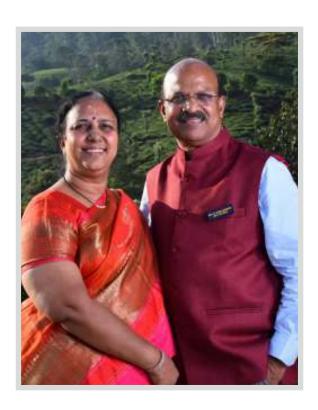


The partners' program was another eye-opener. It was heart-warming to see our partners actively engaged in the events, particularly the cultural night, which was a resounding success. The involvement of **Rotaractors** was also noteworthy, as they were given an appropriate platform for participation and contribution.

Lastly, the event itself was perfectly orchestrated. There were no lengthy presentations or drawn-out introductions; everything was efficient and to the point, ensuring that every moment was meaningful. The use of technology, with speakers delivering from prepared texts displayed on prompters, made the event seamless and professional. Even the introduction of Past RI Presidents was elegantly done, without unnecessary fanfare.

As we move forward in our District's journey, I encourage each of youto take inspiration from the assembly's focus on membership, collaboration, and the **Rotary Action Plan**. Together, we can build on these foundations and continue to make a lasting impact on our communities.

Thank you all for your dedication and service. I am excited about the future we are building together.



Warm Regards,

Rtn. S.V. Ramprasad District Governor 2025-26







Rtn. Rajesh Pamnani International Services (2025-26) +91 9849013175

United for Good: A New Rotary Year Begins By the Editor, Rotary Club of Secunderabad Sunrise

As the Rotary wheel turns to welcome a new year,

we find ourselves filled with renewed hope, energy, and a deeper commitment to our shared mission. The recently concluded Rotary International Convention in Calgary reminded us of the immense power of unity. Thousands of Rotarians from across the world gathered not just to celebrate our achievements, but to reaffirm our purpose — working together for lasting, meaningful change.

This year's Rotary International theme, "United for Good", could not be more timely or more powerful. In a world often divided, Rotary stands as a shining example of how unity across borders, backgrounds, and beliefs can accomplish incredible good.

It reminds us that when we come together, the impact we create is far greater than what any one of us could achieve alone.

At the Rotary Club of Secunderabad Sunrise, we are proud to begin this journey with our new President, Rtn. Ranjay Goel, and his dedicated board.

Under their energetic leadership, the club is poised to build on our legacy with renewed vigor.

Plans are already underway for impactful service projects, youth programs, and community engagements that will bring this year's theme to life in practical, heartfelt ways.

Across the globe, Rotary has continued to be a beacon of hope. In recent months, Rotarians have responded swiftly to humanitarian crises, supported global health initiatives, and promoted peace in conflict-affected regions.

These stories of service remind us that we are part of something larger — a worldwide family committed to doing good.

As we step into this Rotary year, let us hold tight to the spirit of unity. Let us continue to meet, to serve, to care — always remembering that our strength lies in standing United for Good.

Wishing all our members a meaningful and inspiring Rotary year ahead!

In Rotary Service, **Rajesh Pamnani** Editor Rotary Club of Secunderabad Sunrise



Our Editors (2025-2026)



Ann Kanak Kabra W/o Rtn. Sanjay Kabra Qualified Company Secretary, Sujok therapist, certified Angel Practitioner Executive Director (finance, HR and legal compliances) in Avishkar Industries Private Limited.

Ann Rituu Guptha W/o Rtn. Samir Gupta BA degree and Masters in Computers, I have kept myself engaged professionally in our consultancy firm for foreign education - providing solutions to students for education abroad.

Professional consultant for Vastu, Crystal Healer and Numerologist.





Ann Mamta Jhawar W/o Rtn. Sandeep Jhawar Qualification B.com Hons in Accountancy from Kolkata University, but that was not an end to my learning, I aspire to learn something new everyday.

Ann Lopa Mehta W/o Rtn. Vikram Mehta I am an educator by profession and a people's person by heart. I enjoy my work and make sure to do my best each time.





Ann Shreya W/o Rtn. Shravan Malani I am Graduate, Diploma in Travel & Tourism. Also interested Cooking, Travelling, Shopping, Fitness & Nutrition watching comedy shows & movies.







Rtn. Ranjay Goel President (2025-26)

My dear Rotarians and Anns,

The Rotary theme this year is "unite for good."

"Together, we see a world where people unite and take action to create lasting change across the globe in our communities, and in ourselves."

What a fantastic Rotary year we have had! As we strive to create a change as a Rotarian, I congratulate IPP Anil Ratan Goyal and his board along with all the members for making their contributions towards our community through various projects.

What a great feeling to accept the responsibilities of the club as president and I must admit that I am humbled by the love and affection showered by you all. At the same time, new responsibilities bring in new challenges. We have to move forward towards the various goals that we have set for ourselves in achieving them.

More than a century ago, we pioneered a new model of service leadership grounded in person to person connections. Today, those connections are a network that spans the globe-bridging cultural, linguistic, generational and geographic barriers-and shares the vision of a better world. Taking this vision forward, we are fortunate to have added one new lady member who was inducted during installation, to our Rotary family.

We have already completed one month which is generally installation month for all the clubs. The month of July was designated for "maternal and child health" On the above theme, we did a project in Nilofur Hospital by donating 50 kangaroo chairs for breastfeeding, 70 regular chairs and other items used for maternity purposes all costing in excess of 60,000.

The month of August is dedicated to membership and new Club development. We shall try to add new members during this month and throughout the year, for our club.

Let us also do our bit for protecting our environment by planting trees in our neighbourhoods and make the Mother Earth green. We plan to plant about 200 saplings on our Independence Day for improving our environment.

Rotary was founded on fellowship, an ideal that remains a major attraction even today. Club members enjoy the companionship with each other and club projects offer additional opportunities to develop enduring friendships.

So friends, let us take pledge to walk that extra mile together and make this Rotary year a very memorable one.

Thank you. **Rtn. Ranjay Goel** President (2025-26)







Rtn. Rajhans Banka Secretary (2025-26)

Secretary's Announcements

Meeting details for August25:

2nd August: speaker meeting
 15th August: Movie fellowship
 17th August: Tree plantation



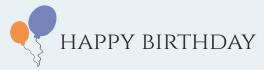
Club Assembly on 19th July 2025

CELEBRATING OUR ROTARY FAMILY

Wishing joy and blessings to those who make our club special.

"The more you celebrate life, the more there is in life to celebrate."

AUGUST



06/08 - Ann. Hema Manghnani

07/08 - Ann Shilpa Gandhi 11/08 - Ann. Rakhee Kanodia

15/08 - Rtn. Lokesh Jain

18/08 - Rtn. Vaman Rao

22/08 - Rtn. Kappana Ramnarayan

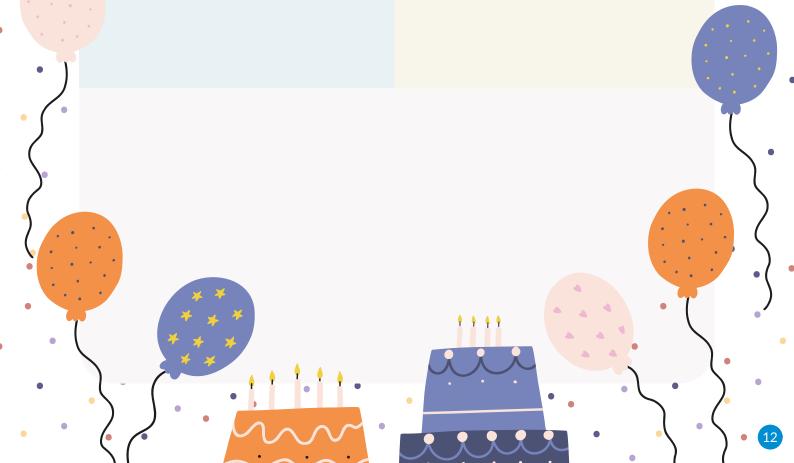
24/08 - Ann. Swathi Munta

30/08 - Rtn. Vinayak Dhumle

31/08 - Rtn. Tarun Rungta



15/08 - Rtn. Dr. Surender & Ann. Surekha 22/08 - Rtn. Vaman & Rohini Rao







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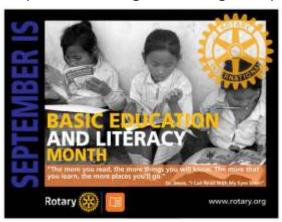


Designation Month



August - Membership & Extension Month Membership and New Club Development Month, a time to focus on Rotary's continuing need for growth, to seek new members and form new clubs.

- Update your classifications list and circulate amongst members and accordingly fill up the Vacancies.
- Educate members about membership Procedure.
- Induct New Members.
- Invite Retractors to join Rotary.
- Consider inviting Local Personalities to be Inducted as Honorary Members.
- Organise Seminar on Club level & a Public meeting inviting non rotary friends and Rotary Alumni to emphasis Advantages of Joining Rotary.



September - Basic Education & Literacy

Area of Focus: Basic Education and Literacy Month, Promote Liteacy and It's a time when Rotary clubs and districts highlight Rotaract by joining in projects with their Rotaract clubs.

- Initiate Adult Education class
- Involve Youngsters / College Students as Teachers
- Initiate E-Learning / Happy School Projects
- Distribute Libraries
- Develop Traffic park for Children
- Arrange Traffic Awareness Lectures in Schools & Colleges



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New Team Member



Name: Shilpa Singh Gour

Educational Qualifications: Bachelor of Commerce

Profession/Business: Fashion Freelancer, Visionary, Influencer, Digital Creator.

Hobbies: Artist (Oil Painting), Gardening.

Marital Status: Married.

Name of spouse(if applicable): Srinivas V. Singh.

Define yourself in 3words: Compaaionate, Tender-Hearted, Goal Oriented.

A piece of wisdom for today's youth:

Don't confuse visibility with value #EgoTrap Don't mistake noise for truth #QuietWisdom How do you define leadership?: Humane

What are the three things in your bucket list right now?

Public Support Help Girl Child

Volunteer with Rotary Club.

What is your most cherished vacation so far and why?:

Hermanus (Cape town) peaceful & bountiful.

A principle/philosophy/motto you live by.:

"Paso corto, vista larga"

"Short steps, long vision".

What has inspired you to join our club RCSS?:

The club's Community Service.

The Four Way ethic guide.

How do you wish to serve RCSS?:

I will Volunteer & Dedicate for Humantarian causes actively.

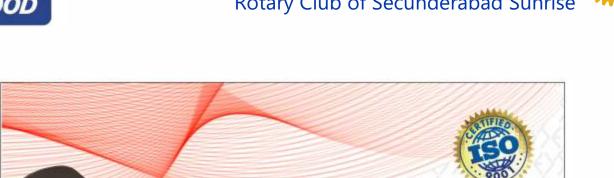
Summarise your skills briefly which you think could be beneficial for our club.:

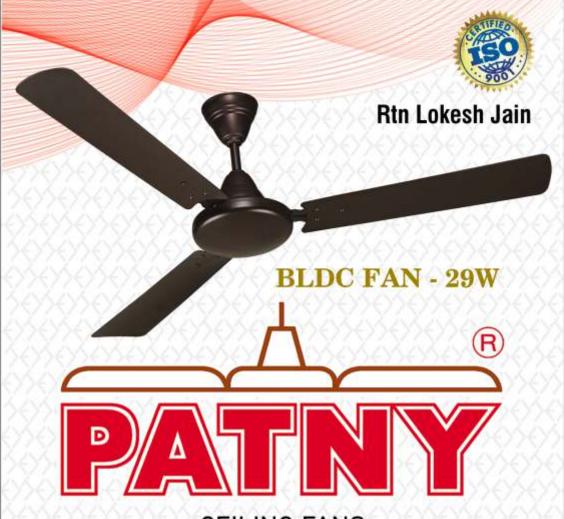
Some may prioritize physical attributes or professional success, while for me, I have always valued qualities like Emotional Stability, Strong Work Ethic & Aspirational Ideal.

Let's help the girl child (Schooling; Hygiene; Improving Health) Let's help Cancer children.









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Community Service Project on Mother and Child Care on 23.07.2025 at Nilofer Hospital.



The first activity for the month was organized at Niloufer Hospital on 23rd July 2025.

Rtn. Ramayya, Director of Community Service (CS), briefed the attendees about the origin and details of the project. In response to the request for urgently required materials for the hospital made by Dr. Swapna, HOD of Neonatal Services, the materials were procured after approval in the RCSS board meeting and through group discussions. The following materials were handed over in the presence of the Superintendent of the hospital to their staff:

- 1. Nilkamal brand visitors' chairs 50 Nos.
- 2. Special slanting chairs required by mothers to feed infants 20 Nos.
- 3. Tricofix ribbed cotton (for special purposes) 10 boxes
- 4. Stainless steel katoris (for feeding infants) 50 Nos.

Dr. Vijayakumar, Superintendent of the hospital, narrated his past experiences with Rotary and thanked the club for the donation of materials. Dr. Jyothi, Resident Medical Officer, profusely thanked RCSS for their support. Dr. Swapna, who has been liaising with our club from the beginning, recalled the previous supply of baby warmers and humidifiers. She expressed her gratitude to RCSS for their continued support and requested the supply of ventilator circuits used for infants.

Rtn. Rajahans spoke about the previous support extended to the hospital and assured further assistance. Rtn. Ranjay Goel, President, thanked the hospital authorities for giving RCSS the opportunity to serve and also mentioned plans to meet future requirements.

A total of seven Rotarians participated in the event.

Ann Mamatha Jhawar proposed the vote of thanks, expressing gratitude to everyone for their presence and contributions.











































































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The rush. To no where.

Take a moment to stand by and see how people hurtle along. As if it's life and death for them.

What's with this indoctrination of having so little time?

That everything has to be accomplished in a hurry.

And W H Davies put it so beautifully in his poem, leisure: "what is this life if, full of care, we have no time to stand and stare?"

Easy does it, is a proverb which has many layers to it.

Ease to me is composure. A calm mind accomplishes much more than one driven by anxiety. A client had great insight when she told me, "Varkha, I've always been high strung". Her belief? If she wasn't excitable, she didn't trust herself to accomplish!

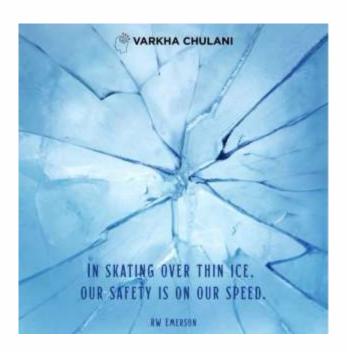
Do many of us believe that if we don't run around we won't do as well? Is the concept of "doing well" equitable with busyness? Is dashing around a measure of importance? Does speed quantify effort? And lack of it, sloth?

We are all on thin ice.

The one's who are able to skate along the journey of life without self-created mishaps are those that take deliberate and measured steps.

For this life if, full of care, brings advantages to those who stand and stare!





Varkha Chulani

(Clinical Psychologist & Psychotherapist at Lilavati Hospital, Mumbai, Tedx Speaker)

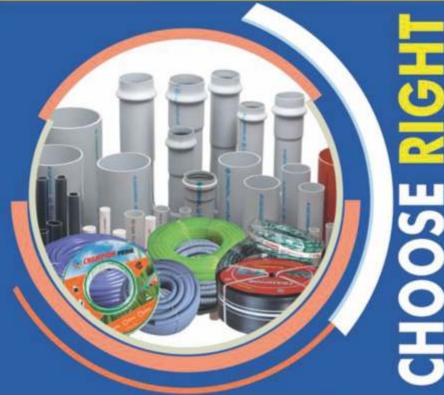
Contact Info Varkha's Profile

linkedin.com/in/varkha-chulani-aab92424 Website: varkhachulani.com (Company)

Youtube: https://www.voutube.com/@VarkhaChulani







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Rtn. Rajesh Pamnani Visited the Rotary Club of Zapopan in Guadalajara , Mexico . Exchanged ideas on promoting rotary and understanding for each other clubs practices .







Rotary Club of Secunderabad Sunrise

OURS PAST PRESIDENTS



Rtn. Narender Gauri - 2001-2002



Rtn. Vaman Rao - 2002-2003



Rtn. Ajit Gandhi - 2003-2004



Rtn. Lokesh Jain - 2004-2005



Rtn. S.K. Verma - 2005-2006



Rtn. Rajesh Pamnani - 2006-2007



Rtn. B.S. Ravindranth - 2007-2008



Rtn. K. A. Ramayya - 2008-2009



Rtn. M. Chandra Sekhar - 2009-2010



Rtn. Dr.LR Surender - 2010-2011



Rtn. Shravan Malani - 2011-2012



Rtn. K. Amarnath - 2012-2013



Rtn. Phanindra Kumar - 2013-2014



Rtn. Bimal V Goradia - 2014-2015



Rtn. Sandeep Jhawar - 2015-2016



Rtn. Srinivas Gumidelli - 2016-2017



Rtn. Samir Gupta - 2017-2018



Rtn. Praveen Sharma - 2018-2019



Rtn. Pawan Kumar Tibrewala - 2019-2020



Rtn. Vijay Rathi - 2020-2021



Rtn. Ravi Ladia - 2021-2022



Rtn. Rajhans Banka - 2022-2023



Rtn. Krishna Narella - 2023-2024



Rtn. Anil Ratan Goyal - 2024-2025





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