



Lend a Hand

THE SUNRISE TIMES



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In Australia. Rotarians celebrate RYLA's worldwide success.

Morethan 400 Rotarians and invited guests joined R I President Jonthan Majiyagbe atthe University of Western Australia's Octagon Theatre in Perth on 16 January to mark the success of the *Rotary* Youth Leadership Award (RYLA) program.

Born some 44 years ago in Brisbane, Queensland, as a "gundoo" - an aboriginal word meaning "festival" or "fun together" - RL Y A aptly returned to the land of its origin as the centerpiece of an RI presidential celebration.

In a speech full of praise for the resourcefulness of Australian Rotarians, President Majiyagbe addressed the need for leadership training for young people in a world of increasing complexity. "Every year, thousands of young people participate in RYLA events sponsored by Rotary clubs and districts - and everyone involved makes important contributions to this \beneficial program," he said. "Through RYLA, Rotarians mentor young leaders - like the energetic young men and women we have met today. In turn, these young leaders bring a fresh burst of enthusiasm to a Rotary club by supporting club projects, providing new ideas for service, and strengthening or starting Interact and Rotaract Clubs"

"We will finish polio before year's end," say health ministers

Ministers of health from the six remaining polio-endemic countries have pledged to relegate polio to the history books within the next twelve months. At the end of a high-level meeting at World Health Organisation HeadQuarters in Geneva, Switzerland, the ministers on 15 January unveiled a bold new plan to immunize 250 million children multiple times during a series of massive polio immunization campaigns in 2004.

Speaking from Delhi, India's Health Minister Sushma Swaraj, said:"Polio eradication is a tremendous challenge in a vast, densely populated country like India. But in 2003, we have shown the world we have the capacity, resources, and most importantly, the will, to vanquish this devastating disease." The minister referred to preliminary data from 2003, showing an 84 percent reduction in polio cases there compared with 2002.

"We have a unique window of opportunity in which to end polio forever," she continued. "There is no room in India's future for polio."

Cricket Match and Fellowship gettogether

Our club ushered in the New Year with a cricket match and fellowship gettogether on Sunday the 4th January, 04. The match was held at the Celebrity Club grounds and was played against the Banjara Jaycees. The festivities of the year end spilled over to the cricket match and the day long fellowship gettogether saw the members not only engrossed in the cricket match but families participating in shuttle badminton, caroms, go karting and swimming.

Incoming G.S.E. Team

Two of our members had the privilege of hosting two members of the incoming GSE team from Rotary District 6450 from Chicago. The team led by Rotarian Guy Groot comprises of five young professionals from diverse vocations. Members of our club had occasion to meet with all the members of the team and have meaningful interaction to understand their vocations and diverse cultural differences. Our thanks to Rtn. Lokesh Jain and Rtn. Shravan Malani for being excellent hosts.

Sahayata : District Conference 2004

The District Conference for the year, very aptly named SAIYA T A, was held at the APSTRC Auditorium on the 24th and 25th January, 2004 and was hosted by the home club of our District Governor, Rotary Club of Hyderabad East.

This well organized and attended conference was an excellent blend of rotary information, review, future programmes and commitments to the Rotary Foundation and was interspersed with cultural Programmes. Our congratulations to each member of the host club for making the event meaningful and enjoyable.

CRICKET:AS EXPLAINED BY THE AMERICANS

Very funny but makes sense.

You have two sides, one out in the field and one in. Each man that's in the side that's in goes out, and when he's out he comes in and the next man goes in until he's out. When they are all out, the side that's out comes in and the side that's been in goes out and tries to get those coming in, out. Sometimes you get men still in and not out. When a man goes out to go in, the men who are out try to get him out, and when he is out he goes in and the next man in goes out and goes in. There are two men called umpires who stay all out all the time and they decide when the men who are in are out. When both sides have been in and all the men have out, and both sides have been out twice after all the men have been in, including those who are not out, that is the end of the game.

DIET RULES!!!

If you eat something and no one sees you eat it, it has no calories.

This well organized and attended conference was an excellent blend of Rotary information, review, when you eat with someone else, calories don't Future programmes and commitments to the Rotary count if you don't eat more than they do. Foundation and was interspersed with cultural programmes.

Our congratulations to each member If you fatten up everyone else around you, then you look thinner.

Seen in the context of his many years of involvement with Foundation programs concedes that, perhaps, he does deserve the Alumni Service to Humanity Award. "It is nice to know that others approved of what you are doing," he says. "The real reward is knowing that our service has been helpful to others".

He is especially gratified that Rotary's dream of polio-free world is not only to and strengthen health infra-structures, as leaders and health ministers.

"I doubt that it would be possible to document the the extend to which the myraid programs of the Rotary Foundation have done so much good in the world," he says. "We are most fortunate to have an organization that enable us to do so much for so many."

For this reason, Austel encourages Rotarains to stay committed and engaged with the foundation. "Use it and support it",he says.

CENTENNIAL PROJECT BRINGS LITTLE LEAGUE TO COMMUNITY

Boys and girls in York, Pennsylvania, USA, will be able to play baseball in their, own backyards, so to speak, when renovations are completed at four city basketball diamonds next year. The renovations, which are part of Rotary Club of York's Cenennial Community Project, will also make it possible for the city to join the more than 7,000 leagues that now take part in Little League Baseball." We wanted a project that would help the community and its youth and would brand Rotary in a positive way among the population", says Mike Summers, past president of the York club. "The Community is very excited about this project."

THE PARADOX OF OUR TIME

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgement, more experts, yet more problems, more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read to little, watch TV too much, and pray too seldom. We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often.

We've learned how to make a living, but no a life. We've added years to live not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We conquered outer space but not inner space. We've done larger things, but not better things. We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice . [We write more, but learn less. We plan more, but accomplish less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less. These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships.

These are days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom. A time when technology can bring the letter to you, and a time when you can bring this letter to you, and a time when you can choose either to share this insight, or to just hit > delete.

The average man's life consists of twenty years of having his mother ask him where he is going; forty years of having his wife ask the same question; and at the end, the mourners wondering too.

Simple Thoughts

When we are born, our mother's get the compliments and the flowers. When we are married, our brides get the presents and the publicity. When we die, our widows get the life insurance. What do women want to be liberated from?

WISDOM

If you want happiness for an hour- take a nap.
If you want happiness for a day- go fishing.
If you want happiness for a month- get married.
If you want happiness for a year- inherit a fortune.
If you want happiness for a lifetime-help someone else.

-Chinese proverb

Mile Stones February.2004 Birthdays

Sonali Pamnani 12th Vishal Dhandhanian 14 th
Monal Gandhi 22nd

Wedding Anniversaries

Ann Sandhya & Rtn. Sarathy - 7 Ih

Ann Rarna & Rtn. Uday Kumar - 15 rh

Ann Asha & Rtn Subhas Dhandhanian- 25th

Programme for the month December,2003

Day: Every Saturday
Venue: M/s Taj Tristar Hotel
Time: 8-30 am (breakfast meeting)
6th: Business Meeting
13th: Speaker meeting
20th: Speaker meeting
37th: Fellowship get together

TOUGH LOVE

A husband and his wife had a bitter quarrel on the day of their 40th Wedding anniversary. The husband yells, “when you die, I’m getting you a headstone that reads. Here Lies My Wife-Cold As Ever.”

“Yeah,” she replies, “When you die, I’m getting you a headstone that reads, Here Lies My Husband- Stiff At Last.”.

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THE FOUR WAY TEST

OF THE THINGS WE THINK, SAY OR DO

1. Is it the TRUTH ?
2. Is it FAIR to all concerned ?
3. Will it build GOODWILL and BETTER FRIENDSHIP ?
4. Will it be beneficial to all

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